

Great Web Resources for Parents and Students: 2019-2020

The websites listed below offer students and family's academic, social and emotional resources and information. Many are available in other languages.

Health/Emotions

<http://kidshealth.org> : Weekly e-letter for kids, teens and parents, in English and Spanish
<http://www.girlshealth.gov/> Safety, health, college and career planning
<http://www.helpguide.org/> Great site for info on all topics relating to family
<https://www.parentmap.com/article/book-review-brainstorm-the-power-and-purpose-of-the-teenage-brain> Great web site, great article about the Teen brain
<http://www.npr.org/templates/story/story.php?storyId=124119468> Teen Brain
<http://www.mayoclinic.org> Type in "Adolescent Health"
<http://www.calm.com> Anxiety Reducing Guided Meditation
<https://mindyeti.com/dashboard> Guided Meditation for youth
<http://www.deerparkmonastery.org/> Thich Nhat Hanh Buddhist monk shares meditations and information about mindful presence to assist with stress, anger, anxiety and grief.

Academic Planning, Homework Help and Study Skills

<http://www.brainpop.com> Great study resources
<http://www.quizlet.com> Make flash cards and games for all subjects, all grade levels
<http://www.studygs.net> Study skills site
<http://www.study-skills-for-all-ages.com> Parents Great study skills resources
<http://www.educationcorner.com/study-skills.html> Study skills site
<http://www.quickstudy.com> Great outlines/study guides for all academic subjects
<http://burbanklibrary.com/teens/homework-help> Burbank Library Homework Help
<http://www.ipl.org/div/kidspace/> Internet Public Library, links to all topics

Subject Support

<http://www.grammarly.com> English and Grammar Checker
<http://www.coolmath.com> & <http://www.math.com> Math support web sites
<http://www.myalgebra.com> Math interactive website calculator
<http://www.classzone.com> Science, language arts, math, social science book access for parents
<http://www.khanacademy.org> Math website that re-teaches math concepts
<https://www.nasa.gov/stem/foreducators/k-12/index.html> Nasa k-12 educational materials

Great Learning Resources, Catalogs and Learning Tools

<http://www.storybird.com> Visual story creator, writing inspiration

<http://www.youthspeaks.org> Youth Poetry Slam site

<http://www.kitchensisters.org> Hidden Kitchens & The Hidden World of Girls

<http://www.kids.discovery.com> Discovery Kids Science Exploration Resources

<http://www.lacma.org/kids-families/nexgen-fast-facts> LA County Museum of Art FREE membership

<http://www.dk.com>: DK Eyewitness Publishing

<http://www.freespirit.com> Free spirit publishing

<http://www.kcrw.org> 89.9 National Public Radio, wonderful learning programming!

<http://www.npr.org> The website for National Public Radio, check archives for gems!

<https://www.brainpop.com/> free site

BrainPOP - Animated Educational Site for Kids - Science, Social Studies, English, ... learners stay informed and on-track with *free* access during school closures.

<http://www.cookie.com/preschool.html> this site is free and it for- ages 2-12

<https://www.education.com/> free this site has worksheets and songs ect for preschool -5th grade

<https://lindamoodbell.com/a-message-from-lindamood-bells-ceo> This a great for all ages. This is also wonderful for those who have an I.E.P for k-12 this also has teacher training programs.

Anti-Bully/Relational Aggression

Some of the sites listed above have great info/resources about bullying, safety, etc. In addition those listed below offer additional support.

<http://www.peacebuilders.com>

<http://lahumanrelations.org>: The Human Relations Council

<https://www.tolerance.org/>

<https://www.randomactsofkindness.org/>

<http://operationrespect.org/> Operation Respect

<https://www.glsen.org/> Gay, Lesbian, Straight Education Network

Online

<https://sos.fbi.gov/> Games and fun that teach internet safety/awareness/knowledge

<http://www.cyberbully.org/> Contains info, resources and programs

<http://www.netlingo.com> A guide for interpreting net language, meaning and symbols

<http://www.netsmartz.org> Internet Safety resource for parents

Career and College Planning

<http://whodouwant2b.com/student/pathways> Career Exploration

www.cacareerzone.org Career Exploration

www.calcareercenter.org Career Exploration

www.youvisit.com/education Virtual college tours

<https://myscholly.com/#scholly> App to scholarships

<http://www.icanaffordcollege.com/> Financial Aid

University of California (UC): www.ucop.edu/pathways

California State University (CSU): www.csumentor.edu

Campus Locations: <https://bigfuture.collegeboard.org/find-colleges>

Community Colleges (CC): www.cccco.edu

Support Systems/Reference

<http://www.burbankusd.org/>: Burbank Unified School District's web site
<https://caforthe gifted.wordpress.com/> California Association for the Gifted
<http://marc.ucla.edu/> UCLA Mindful Awareness Research Center
<http://www.asca.org> American School Psychologist Association
<http://nimh.nih.gov> : National Institute for Mental Health
<http://www.nami.org> Nat'l Alliance for M.H.
<http://www.aacap.org>: American Academy of Child & Adolescent Psychiatry
http://www.cancer.org/docroot/HOME/pff/pff_0.asp American Cancer Society
<http://www.ncl.org/> National Center for Learning Disabilities
<http://www.ldanatl.org/> Learning Disabilities Assoc. of America
<http://www.interdys.org> International Dyslexia Association (IDA)
<http://www.nagc.org> National Association for Gifted
<http://www.chadd.org> ADHD
<http://www.friendsforsurvival.org> Suicide Prevention and info for survivors
<http://www.aarp.org> Support for Grandparents raising grandchildren
<http://www.hospicefoundation.org> Support for Caregivers, families
<http://www.ourhouse-grief.org/> Our House Grief Center, free grief counseling for all
<http://www.al-anon.alateen.org/> Check for local family and teen support groups
<http://www.childmind.org/> Child Mind Institute
<http://familyeducation.com> Parent and teen resources
<http://dcfs.co.la.ca.us/kinshippublic/default.html> Kinship Care Services from LA County. It is a program where grandparents caring for their grandchildren can get support services free of charge.
<http://www.itgetsbetter.org/> LGBT
<https://lalgbtcenter.org/> LGBT
<http://www.counseling4kids.org/> this is wonderful for all children they do video chat with your children
<https://familyserviceagencyofburbank.org/> this is very supportive for the whole family